



Talk about....

What are your skills?



We all have things that we are good at.

These are our skills.



Talking about what you are good at can help you pick what to do.



Talking about what you are good at can help you pick where to do things.



You could be good at watching things.



You could be good at doing things.



You could be good at making people feel happy.



You could be good at being yourself.



Kate is kind to people.



Josh always tries hard.



Akram gets to work at the time he says.



Kim is good at listening to other people.



Hello!

Neil always says hello.



Zoe is good at speaking up for herself.



Frank is great at making things.



John is good at painting.

BIG words



Rajni is good at spelling big words.



Sally is great at finding places.



Joan is good at keeping things tidy.



Peter is good with plants.



Jess can cook yummy food.



Steve is good at working with animals.



Bob is good at adding numbers.



Joan can swim a long way.



Barry is good at cheering for his team.



Shu can sing in a band.



Hannen can write poetry.



Dianne is good with computers.



What am
I good
at?

Think about your skills.

What are you good at?



You could be good at lots of things.

These are just some ideas to talk
about.

Contact details



My Choice Matters
Level 2, 418 Elizabeth Street Surry Hills, NSW
2010



www.mychoicematters.org.au



info@mychoicematters.org.au



1800 144 653 or (02) 9221 2605



Facebook: /mychoicematters



Twitter: @mcmnsw