



Tips for choosing staff



More people are saying what they want to do each day.

They are also saying who they want to do things with.

They are saying who will support them.

This gives them more control.



You can pick someone you know to support you.



You can pick someone new.



1. You can decide how much say you want about choosing staff.

You can:



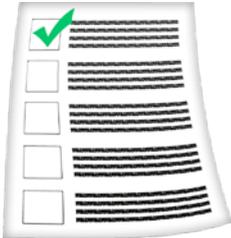
- choose someone who works for a service now



- ask a service to employ someone new



- choose someone yourself.



2. Think about what you want to do. What are your goals?

You can make a list.

Maybe you want to:



- try new things



- meet new people



- move out of home?



3. Think about what you need to learn to do the things you want.

If you are moving out of home you may want to:



- learn to cook



- learn to clean



- have a party.



4. Think about who could help you learn what you need to move out of home

They could be a person who:



- can cook



- can clean



- can plan things.



5. Think about what you want the person who supports you to be like.

They could be:



- good at listening



- good at talking to new people



- on time.



6. You can find people to support you in lots of ways.

You can:

SERVICE

- ask a service



- ask people you know



- advertise in places that do not cost much money.

This could be a notice board or a local paper.



7. You need to work out who you want to choose to support you.

You can:



- talk to them on the phone



- meet them



- spend time with them to make sure they are right for you.



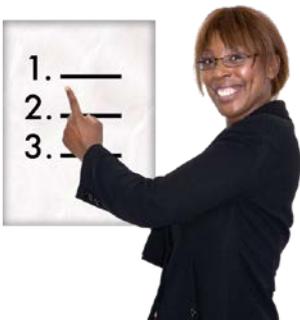
8. Do not meet with people by yourself



9. Ask questions to learn about the people who could support you.



10. Let the people who want to support you ask questions.



11. Be clear about what you want people to do.



12. Pick someone who you like to be with.



13. Pick someone who can support you to do what you want.

Contact details



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