

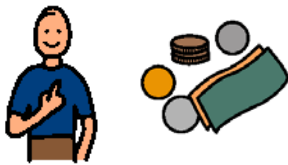
My Choice Matters evaluation

Interim report – Easy Read version

July 2014

Ariella Meltzer

My Choice Matters helps people with disability and their families to learn about choice, voice and control.



It also helps them learn about self-directed support and individualised budgets.

To find out more about what these things are, click [here](#).

My Choice Matters isn't finished yet, but the Social Policy Research Centre found out how well My Choice Matters has worked so far in Part 1.

They found out who took part and what people said about My Choice Matters.

So far in My Choice Matters, 580 people took part.



Most were family members.



Some were people with disability.

About 3 out of 10 people who took part were a person with disability.

That looks like this:



What happens next?

My Choice Matters wants to find out how to get more people with disability to take part.

They particularly want to find out how to get more people with intellectual disability to take part.

People said My Choice Matters helped them with having more choice, voice and control. This means My Choice Matters is working well.

At My Choice Matters, people learnt about:



- **Choice**
Making and acting on decisions.



- **Voice**
Saying what they want and need.



- **Control**
Taking charge of their own lives.

Usually people only learnt a little bit about choice, voice and control.

The people who learnt most were those who already knew something about choice, voice and control.

What happens next?

My Choice Matters wants to find out how to teach more about choice, voice and control to more people.

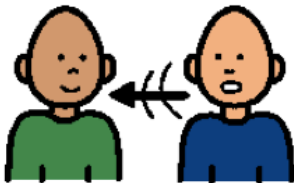
In Part 2 of My Choice Matters some new things will happen. This is to find out more about how well My Choice Matters is working.



People will answer quick questions in a survey. A survey is where you choose answers from a list.



People will keep a diary about My Choice Matters.



Some people will do an interview about My Choice Matters. An interview is talking with someone and answering questions.

These new ways of finding out about My Choice Matters will start up soon.

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For further information

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